



From the album *Anna and the Cupcakes*

Let's Get Together

JUMP

Follow along. Each chorus could focus on a different large locomotor movement (i.e. galloping/jumping/dancing, etc.).

DANCE

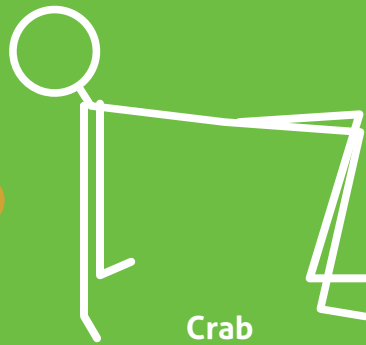
For yoga

Add tree pose, table top (for crab), downward dog (for bear), and cobra (for snake).



Tree

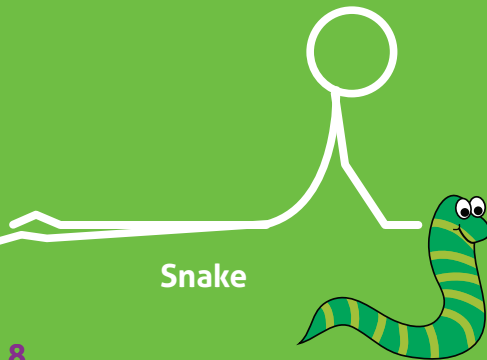
GALLOP



Crab



Downward Dog



Snake



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Gingerbread

Run, run, run as fast as you can...

A class classic! Children can lie on their back like a gingerbread man on the verse. For the choruses, run in a circle or run in place. Pretending the gingerbread gets eaten, perhaps the children run with one hand behind their back, on one leg, etc. as the song goes on. Challenging and fun!

Curriculum Ideas

- Bake and decorate gingerbread
- Cut out gingerbread out of construction paper and decorate
- Read a gingerbread book

